Alan Thiesen Trail

Well known and loved by locals around Alta Sierra, this trail loops through the Adam Ryan Wildlife Preserve - a hill with a park-like forest, small meadows, and some nice views. It’s worth a trip to discover and enjoy. The conservation and trail easements that made this preserve possible were a gift of Alta Brewer, daughter of early rancher George Brewer. The trail is named after her husband, and the preserve after her son.

Getting there:

From Highway 49 in Grass Valley, take the McKnight Way exit. From East McKnight Way go 2 miles south on La Barr Meadows Road, stay left on Dog Bar Road and go another 1.8 miles to the intersection of Alta Sierra Drive. Main trailhead is located at the intersection of Dog Bar Road and Alta Sierra Drive.

- **Distance:** 1 mile loop.
- **Elevation change:** 160 feet.
- **Uses:** Foot and bike only. No motorized vehicles. Dogs on leash. Respect private property.

*If you are here, you might enjoy a trip to Mathis Pond, a 1.75 acre preserve owned by the Land Trust. From the main trailhead, walk ¼ mile along a path that parallels Dog Bar Road, just past Carrie Drive.*