Western Gateway Fitness Trail

Western Gateway Park has an astonishing variety of outdoor recreation offerings packed into 88 acres of beautiful, oak-studded land in Penn Valley. There is something for everyone in this well-appointed, carefully tended regional park. Visit www.westerngatewaypark.com for a list of amenities, upcoming events, and history of the park. If you’re looking for a quiet loop walk, run or bike ride then be sure to check out the Fitness Trail in the woods west of the landscaped central area.

Getting there:
From Grass Valley, take Highway 20 west 5.6 miles and turn left onto Penn Valley Drive. Follow it 0.6 mile to the center of town. At the stop sign, turn right and go 0.9 mile to the park’s main gate on your right. Enter the park, then immediately turn right and continue on the road to the large parking lot at the top of the central green. Park near the bocce ball courts.

Distance: About 1 mile loop, including access path from main parking area.
Elevation change: Slight.